

9/15 APP Assignment. Please copy and paste the four items below in a blank MS Word sheet. (Or you can use the MS Word version of this as your worksheet.) Provide responses for each. Then, upload the final document to "[APP, Part I](#)" by no later than Wednesday, 5 PM.

APP (Academic and Personal Plan)

(adapted from Indiana University Purdue University, Personal Development Plan)

About Me (Part 1)*

This section is a place for you to describe who you are and discuss your strengths. You will rely on your strengths to facilitate your success in college and beyond.

SECTION REQUIREMENTS: This page should include a complete discussion of the four items below. As you respond to these questions, write as if the reader is someone who doesn't know you. Number and, where asked, letter your responses.

1. Describe your a) interests, b) skills, c) values, d) personality. Minimum of one sentence per letter.
2. Provide an example of a significant experience or accomplishment that shows how any one of characteristics in #1 developed or why such a characteristic is important to you. Minimum of two sentences.
3. Now, describe your key strengths. A minimum of two sentences.
4. Provide an example of using that strength that shows how any one of the strengths in #3 developed or why such a strength is important to you. Minimum of two sentences.